

UPMC Fourth Annual Pain Management Symposium

November 7-9, 2008 . Nemaocolin Woodlands - Farmington, PA

Credits

The Fourth Annual *UPMC Pain Management Symposium* is an academically focused meeting designed to provide health care professionals with the latest trends, techniques, therapies and interventional procedures in pain research and pain management. The expert faculty will focus on the pain patient as a whole, addressing acute as well as chronic pain. Participation in the symposium will provide the attendee a multifaceted view of managing a patient's pain throughout the adult life span including the end of life process. It will address sensitive ethical and regulatory issues, offer interactive specialty tracks, and scientific poster presentations. The symposium will also provide hands-on for the use of ultrasound for guided peripheral nerve blocks and peripheral nerve block techniques for perioperative surgical procedure.

An application for contact hours for the Nursing track on Friday has been submitted to the UPMC Provider Unit of the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **Determination of credit is pending.** To receive contact hours, the participant must attend the entire session and complete the evaluation form and sign-in sheets and return all information before leaving the course.

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates the chronic track on Saturday for a maximum of **6.5 AMA PRA Category 1 Credits™**. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other healthcare professionals are awarded **0.65** continuing education credits (CEU's) which are equal to **6.5** contact hours. The University of Pittsburgh School of Medicine designates the Acute tack on Saturday and Sunday for a maximum of **10.75 AMA PRA Category 1 Credits™**. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other healthcare professionals are awarded **1.075** continuing education units (CEU's) which are equal to **10.75** contact hours.

**Participants may not coincidentally claim credit for the Saturday Chronic and Acute Tracks which overlap.*

Planning Committee

Cheryl Bernstein, MD
Jacques Chelly, MD, PhD, MBA
Doris Cope, MS, MD
Colleen Dunwoody, MS, RN-BC
Angela Felix, BA
Executive Assistant to Jacques E. Chelly, MD
Mary Felix
Marcia Homer, RN-BC
Lois Pizzi, BSN, RN-BC
Euphemia Powell, RN- BC

Location



The conference will be held at the Nemaocolin Woodlands, located at 1001 Lafayette Drive, Farmington, PA 15437. A block of rooms has been reserved at the Nemaocolin Woodlands if you should require one. The group rate for the Lodge is \$159 per night plus applicable taxes. The group rate for the Chateau is \$209 per night plus applicable taxes. Please call and mention that you are attending the *UPMC Pain Management Symposium* in order to secure the reduced symposium rate available until **September 17, 2008**, or as long as rooms are available.



Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs *at least two weeks* in advance of the program by calling 412-623-4135

Transportation: Ground transportation is available from Pittsburgh International Airport. For information and reservations call:

800-422-2736

Registration

PRE-REGISTER - Early registrations are due by **October 15, 2008**. After October 15th, registrations will be accepted until **October 30, 2008** at an additional fee and we cannot guarantee space in the program or any program inclusions for those registrations received after this date.

On-line Registration accepted until **October 30, 2008** or until capacity is met. Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

Visit our online registration site at:

<https://ccehs.upmc.edu/formalCourses.jsp#1824>

Click the Registration button and enter all the requested information (including an e-mail address) and follow the prompts to submit your registration after entering your payment information.

Print the automatic electronic registration confirmation email sent to the email address you provided us when you registered. If you do not receive this confirmation within 5-7 days of registration, please contact us at the following number for:

Nursing Program: Colleen Dunwoody @412 647-7117 - Acute Pain Program: Angela Felix @412-623-4135 and Chronic Pain Program: Mary Felix @ 412-665-8048

A confirmation letter will be faxed or mailed if registration is completed through the mail or fax by the pre-registration deadline. If you register on-line, you will receive an immediate e-mail confirmation message. You must bring this confirmation with you to the conference.

Registration Fees

Early Registration Rates

	Friday	Friday & Saturday	All three Days	Saturday	Saturday & Sunday
MD, DO, PhD				\$300	\$ 350
CRNA	\$175	\$275	\$300	\$225	\$ 250
RN, Residents & Others	\$100	\$150	\$150	\$100	\$ 125
UPMC Employees	\$ 50	\$100	\$125	\$ 50	\$ 75

Late Registration Rates (After October 15, 2008)

	Friday	Friday & Saturday	All three Days	Saturday	Saturday & Sunday
MD, DO, PhD				\$375	\$425
CRNA	\$225	\$300	\$300	\$275	\$325
RN, Residents & Others	\$150	\$250	\$275	\$150	\$175
UPMC Employees	\$ 75	\$125	\$150	\$ 75	\$100

Registration fee includes:

- * Continuing education credit
- * Registration and course materials
- * Breakfast, refreshments and lunch

Who Should Attend

This course is designed for pain and primary care physicians, neurologists, emergency room and rehab physicians, gastroenterologists, physiatrists, surgeons, anesthesiologists, internal medicine and family practice physicians and general practitioners, residents, fellows, pharmacists, CRNA:s, CRNP's, PA-C's, nurses and anyone interested in pain management.

Registration Cancellation: All cancellations must be in writing and sent to us via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before **October 15** will be completely refunded. After **October 15**, a \$35 administrative fee will be assessed. No refunds will be made after **October 21**.

Conference Contact for Cancellation Requests: Angela Felix, UPMC Shadyside Hospital. 5230 Centre Avenue, Suite M-104, Posner pain Center, • Pittsburgh PA 15232 • Email: felixa@upmc.edu Phone: (412) 623-4135 • Fax: (412) 623-4188.

Course Directors

Cheryl Bernstein, MD
Jacques E. Chelly, MD, PhD, MBA
Colleen J. Dunwoody, MS, RN-BC

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Nursing Track

Friday November 7, 2008

Objectives		Program	Faculty
At the conclusion of the Nursing Track, participants will be able to:			
List three unique aspects of Methadone compared to other opioids Calculate a Methadone dose from oral morphine	7:00	Registration Breakfast, Posters & Exhibit	Yvette Perry Conley PhD Associate Professor University of Pittsburgh School of Nursing
Identify factors unique to pain assessment Describe how to evaluate pain treatment Describe the pharmacological treatment of pain Discuss the effect emotional pain has on physical pain	8:45	Welcome Colleen J. Dunwoody MS, RN-BC Advanced Practice Nurse – Pain Management UPMC Presbyterian Shadyside	Linda DePasquale, BA Patient Relations Coordinator UPMC Presbyterian Shadyside
Recognize sites and benefits of regional analgesia in the post-op patient Describe the nursing responsibilities of caring for the patient with a peripheral nerve block	9:00	Methadone for Chronic Pain Treatment Melanie Simpson RN-BC, MS, OCN, CHPN Pain Management Team Coordinator The University of Kansas Hospital, Kansas City, Kansas	Colleen J. Dunwoody MS, RN-BC Advanced Practice Nurse – Pain Management UPMC Presbyterian Shadyside
Explain the standard required for care of patients receiving opioid and/or sedative medications. Explain how breach of above standards can affect the patient, family and the nurse. Describe the impact of a trial on a nurse Describe the impact of documentation on the outcome of a trial	10:00	Pain Management for the Adolescent Patient Carol May RN, MSN, MBA, CHPN Manager - Supportive Care Program Children's Hospital of Pittsburgh of UPMC	Carol May, RN, MSN, MBA, CHPN Manager – Supportive Care Program Children's Hospital of Pittsburgh of UPMC
Describe rationale for investigation of pain from a genetics perspective Discuss current pain research from a genetics perspective	11:00	Break	Tiffany Musick, MD UPMC Presbyterian Shadyside
Recognize sites and benefits of regional analgesia in the post-op patient Describe the impact of documentation on the outcome of a trial	11:15	Multimodal Analgesia Lois Pizzi BSN, RN-BC Inpatient Pain Management Coordinator UPMC Presbyterian Shadyside	Lois Pizzi, BSN, RN-BC Inpatient Pain Management Coordinator UPMC Presbyterian Shadyside
Recognize the background and purpose of Condition H calls. Discuss Condition H calls related to pain management.	12:15	Lunch	Linda Reid, MSN, JD Senior Risk Specialist UPMC Presbyterian Shadyside
Describe multimodal pain management techniques. Explain the difference between neuraxial (epidural) analgesia and peripheral nerve block analgesia	1:15	Pain and the Court Room Linda Reid MSN, JD Senior Risk Specialist UPMC Presbyterian Shadyside	Melanie Simpson RN-BC, MS, OCN, CHPN Pain Management Team Coordinator The University of Kansas Hospital Kansas City, Kansas
	2:15	Genetics and Pain Yvette Perry Conley PhD Associate Professor – University of Pittsburgh School of Nursing	
	3:15	Break	
	3:30	Condition H Tiffany Musick MD UPMC Shadyside Lois Pizzi RN-BC, BSN Inpatient Pain Management Coordinator, UPMC Shadyside Linda DePasquale, BA Patient Relations Coordinator, UPMC Shadyside	
	4:30	Adjournment Colleen J. Dunwoody MS, RN-BC	

The UPMC/Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees. However, other costs incurred by the registrant, such as airline or hotel penalties, are the responsibility of the registrant.



Lobby of the Nemacolin Woodlands

The University of Pittsburgh, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, the University prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, sex, age, marital status, familial status, sexual orientation, disability, or status as a disabled veteran or a veteran of the Vietnam era. Further, the University will continue to take affirmative steps to support and advance these values consistent with the University's mission. This policy applies to admissions, employment, to and treatment in University programs and activities. This is a commitment made by the University and is in accordance with federal, state, and/or local laws and regulations. For information on University equal opportunity and affirmative action programs and complaint - grievance procedures, please contact: William A. Savage, Assistant to the Chancellor and Director of Affirmative Action (and Title IX and 504 Coordinator), office of Affirmative Action, 901 William Pitt Union, University of Pittsburgh, Pittsburgh, PA 15260, (412) 648-7860.

Chronic Pain Track

Saturday November 8, 2008

Objectives		Program	Faculty
<p>At the conclusion of the Chronic Pain Track, participants will be able to:</p> <p>Increase the awareness of pain as a hallmark feature of sickle cell disease. Describe the unique clinical challenge associated with the variability and unpredictability of the acute painful episode (painful crisis) Discuss specific methods of patient evaluation Highlight the undertreatment of pain in sickle cell disease and its consequences. Present clinical outcomes for acute and frequently recurring acute (chronic) pain employing biopsychosocial assessment, treatment and prevention strategies.</p> <p>Educate the prescriber as to the types of tactics being used by drug seekers to acquire controlled substances. Educate the prescriber as to the current prices of pharmaceuticals on the black market. Educate the prescriber how he/she can prevent falling victim to over-prescribing to drug seeking individuals.</p> <p>Develop system for differentiating common diagnosis for frequent headaches. Develop approach to clinical assessment and testing for headache patients. Understand effective treatment options for controlling frequent headaches.</p> <p>Discuss Pathophysiology of peripheral neuropathy Review new insights into neuropathic pain Review how peripheral neuropathy does lead to chronic pain and discuss treatment options for peripheral neuropathy</p> <p>Diagnosis and treatment of compression fractures Indication for kyphoplasty Results and complications of kyphoplasty</p> <p>Discuss recent advances in Fibromyalgia Review Fibromyalgia pathogenesis Discuss recent medical management options for Fibromyalgia.</p> <p>Indications for spinal cord stimulation for refractory malignant and non-malignant pain Indications for spinal cord intrathecal opioids for malignant and non-malignant pain. Interventional modalities for chronic malignant and non-malignant pain.</p> <p>Describe common pitfalls in having difficult conversation at the end of life. Describe a strategy for having difficult conversations at the end of life. Describe three practical phrases for difficult conversations at the end of life</p>	7:00	Registration Breakfast, Posters & Exhibit	Cheryl Bernstein, MD Assistant Professor of Anesthesiology Division of Pain Medicine
	7:55	Introduction Doris K. Cope, MD John P. Williams, MD	Robert M. Arnold, MD Professor Department of Medicine Director, Section of Palliative Care and Medical Ethics University of Pittsburgh School of Medicine
	8:00	Pain Management in Sickle Cell Disease Lennette J. Benjamin, MD	ZongFu Chen, MD Clinical Assistant Professor of Anesthesiology University of Pittsburgh School of Medicine UPMC Pain Medicine @ Monroeville
	9:00	Current Trends in Pharmaceutical Drug Diversion Edward Cartwright	Doris K. Cope, MD Professor and Vice Chairman of Pain Medicine Department of Anesthesiology University of Pittsburgh School of Medicine Director, Interprofessional Program on Pain Research, Education and Health Care University of Pittsburgh Schools of Health Sciences
	10:00	Break/ Exhibits/ Posters	Edward K. Heres, MD Clinical Associate Professor of Anesthesiology University of Pittsburgh School of Medicine UPMC Pain Medicine @ Centre Commons
	10:15	Diagnosis and Management of Frequent Headaches Dawn A. Marcus, MD	Dawn A. Marcus, MD Associate Professor Department of Anesthesiology/CCM Coordinator Pain Evaluation & Treatment Institute Interdisciplinary Headache Clinic Director of Research at the Multidisciplinary Headache Clinic
	11:00	Neuropathic Pain and Peripheral Neuropathy Edgar L. Ross, MD	Jonathan Moss, MD, PhD Professor of Anesthesia & Critical Care, The University of Chicago Medical Center
	11:45	Compression Fractures and Kyphoplasty Vincent J. Silvaggio, MD	Vincent J. Silvaggio, MD Clinical Instructor Orthopedic Surgery Chairman, Department of Orthopedic Surgery, UPMC St. Margaret
	12:15	Lunch/ Exhibits/ Posters	GUEST FACULTY
	1:30	Update on Treatment of Fibromyalgia Syndrome Cheryl D. Bernstein, MD	Lennette J. Benjamin, MD Clinical Director, Comprehensive Sickle Cell Center Montefiore Medical Center, Bronx, NY Professor of Clinical Medicine Albert Einstein College of Medicine
	1:50	Interventional Pain Therapies Doris K. Cope MD, ZongFu Chen MD, Edward K.Heres MD	Edward Cartwright Supervisory Narcotics Agent Pennsylvania Office of Attorney General
	3:00	Difficult Conversations at the End of Life Robert M. Arnold, MD	Edgar L. Ross, MD Assistant Professor of Anaesthesia, Harvard Medical School Director, Pain Management Center, Brigham and Women's Hospital, Boston, MA
	3:30	Use of Peripheral Opioid Antagonists for Chronic and Palliative Care Jonathan Moss, MD, PhD	
	4:00	Adjournment	

Poster Committee

Doris K. Cope, MS, MD
Deborah Bloomberg
Academic Administrative Assistant
University of Pittsburgh Medical Center



Guestroom at the Nemaquin Lodge

Acute Pain Track

Saturday November 8 & Sunday November 9, 2008

Objectives		Program	Faculty
<p>At the conclusion of the Acute Perioperative Pain Track, participants will be able to:</p> <p>Review the management of pain in the emergency room</p> <p>Review the management of pain in orthopedic trauma patients: Point of view of the orthopedic surgeon Point of view of the anesthesiologist Point of view of the nurse</p> <p>Discuss the management of acute perioperative pain in chronic and cancer pain patients</p> <p>Review the management of pain in orthopedic oncology patients: Point of view of the orthopedic surgeon Point of view of the anesthesiologist Point of view of the nurse</p> <p>Discuss minimally invasive hip and knee replacement surgery: Point of view of the orthopedic surgeon for THR Point of view of the orthopedic surgeon for TKR Point of view of the anesthesiologist for THR/TKR</p> <p>Review billing and reimbursement of regional anesthesia</p> <p>Review ultrasound guided nerve block techniques in adults and children</p> <p>Discuss ultrasound guided peripheral nerve block techniques and indications in adults and children</p> <p>Discuss the causes, frequency and prevention of chronic pain syndrome following surgery</p>	7:00	Registration Breakfast, Posters & Exhibit	<p>LOCAL FACULTY</p> <p>Bruce Ben-David, MD Clinical Associate Professor of Anesthesiology</p> <p>Scott Brancolini, MD Clinical Assistant Professor of Anesthesiology</p> <p>Jacques E. Chelly, MD, PhD, MBA Professor of Anesthesiology and Orthopedic Surgery, Director of the Division of Acute Interventional Perioperative Pain and Regional Anesthesia</p> <p>Linda Farkas, MD Assistant Professor of Surgery, Department of Surgery, Division of Surgical Oncology</p> <p>Rebecca M. Hoelsken, BSN, MSN, CRNP UPMC Shadyside Hospital</p> <p>Matthew P. Holtzman, MD Surgical Oncology Department of Surgery</p> <p>Mark Hudson, MD Associate Professor of Anesthesiology & Vice Chair of Clinical Operations</p> <p>Lawrence Marr, MD Clinical Assistant Professor of Anesthesiology</p> <p>Mario Montoya, MD Clinical Assistant Professor of Anesthesiology</p> <p>Milenna Moreno, MD Visiting Instructor</p> <p>Anton Y. Plakseychuk, MD, PhD Director UPMC Limb Lengthening and Reconstruction Center Assistant Professor of Orthopaedic Surgery, Department of Orthopaedic Surgery</p> <p>Nashaat N. Rizk, MD Clinical Associate Professor of Anesthesiology</p> <p>John P. Williams, MD Peter and Eva Safar Professor and Chair, Department of Anesthesiology</p> <p>GUEST FACULTY</p> <p>Paul E. Bigeleisen, MD, PhD Professor of Anesthesiology University of Rochester Rochester, New York</p> <p>Laura Clark, MD Professor of Anesthesiology and Perioperative Medicine Director of Regional Anesthesia and Acute Pain, University of Louisville, Louisville, KY</p> <p>Brent R. King, MD, FACEP, FAAEM, EAAP Executive Vice Dean for Clinical Affairs, Professor of Emergency Medicine and Pediatrics, Chairman, Department of Emergency Medicine, University of Texas, Health Science Center at Houston, Houston, Texas</p>
	7:55	Introduction John P. Williams, MD* Jacques E. Chelly, MD, PhD, MBA	
	8:00	Pain Management in the Emergency Room Brent R. King, MD	
	8:45	Pain Management in Orthopedic Trauma Patients <i>The Point of view of the Surgeon:</i> Anton Y. Plakseychuk, MD, PhD* <i>The Point of view of the Anesthesiologist:</i> Laura Clark, MD	
	9:30	Perioperative Pain Management Challenges Scott Brancolini, MD*	
	10:00	Break	
	10:15	Abdominal Surgery for Major Tumor De-bulking <i>The Point of view of the Surgeon:</i> Matthew P. Holtzman, MD* <i>The Point of view of the Anesthesiologist:</i> Larry Marr, MD* <i>The point of view of the nurse:</i> Rebecca Melanie Hoelsken, BSN, MSN, CRNP* <i>The point of view of the acute pain specialist:</i> Bruce Ben-David, MD*	
	11:15	Minimally Invasive Joint Replacement <i>The Point of view of the Surgeon: MISHip</i> Dana Mears, MD, PhD <i>The Point of view of the Surgeon: MISTKR</i> Simon Mears, MD <i>The Point of view of the Anesthesiologist:</i> Bruce Ben-David, MD*	
	12:15	Lunch	
	1:30	Billing and Collection for Regional Anesthesia Mark Hudson, MD* Jacques E. Chelly, MD, PhD, MBA Paul Bigeleisen, MD, PhD	
	3:00	Chronic Pain Following Surgery Nashaat N. Rizk, MD	
	3:30	Use of Peripheral Antagonists in Surgical Patients Linda Farkas, MD	
	4:00	Adjournment	

Sunday, November 9, 2008

7:00	Registration Breakfast/Poster Exhibit
8:00	Ultrasound Guided Blocks in Adults and Children S. Suresh, MD
9:00	Ultrasound Workshop Paul E. Bigeleisen, MD, PhD Mario Montoya, MD* Milenna Moreno, MD* S. Suresh, MD
12:00	Conference Adjournment



Chateau of the Nemacolin Woodlands

